

**METHOD OF TREATING DISORDERS ASSOCIATED
WITH SEBACEOUS FOLLICLES**

Abstract of the Invention

Disclosed herein is a method of treating mammalian, for example, human, skin
5 afflicted with a sebaceous follicle disorder, for example, acne. The method involves
cooling an exposed surface of a region afflicted with the disorder and applying energy, for
example, energy from a coherent or incoherent light source, to the region. The applied
energy reduces the size and/or density of lesions associated with the disorder in the
treated region, and can reduce or otherwise alleviate lesion-associated skin inflammation
10 in the treated region. Cooling preserves the surface, for example, epidermis, of the skin.
The method, therefore, is effective at treating the disorder while at the same time
avoiding or minimizing thermal damage to the exposed surface of the skin.

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